

Rations. The contents of these remarkable packages contain far more nutriments than normally required for any man in the field and offer solid, good-tasting meals that are the envy of fighting men all over the world. Occasionally, though, a trooper will find it necessary to depend on C-Rations for a prolonged period of time . . . and it is with this in mind that TABASCO brand pepper sauce thought of a recipe book to help add dash and variety. There is no telling what gastronomic creations can be concocted with the C-Rations as a basic, combined with what the American trooper can find in the field or village near the combat zone. All he needs is imagination and a buddy who will act as assistant chef.

Whether eaten alone, with a buddy or two or in a group, the recipes found in this book are

predominantly based on the single units and various combinations of the basic C-Rations. Outside ingredients may help, but they are not essential to the menus. (Another thought: when combat situations make it impossible to do anything with your C-Rations

except open them up and eat them cold, adding Tabasco right from the bottle will always add a distinctive bright flavor.)

G.I. Joe has gone gourmet. These recipes were created for the fighting man in the field. Bon appétit.

